

AMIR SAFFARIAN, M.D. INC

FEMALE PATIENT QUESTIONNAIRE:

Name _____ Date _____

Age _____ Family Physician _____

Reason for Visit -

Urinary Symptoms

Yes

No

Burning on Urination

Frequent urination

Urgent need to urinate

Do you awaken at night to urinate

If yes, how many times

Have you ever seen an urologist before?

If yes, why and what was done?

Urinary Tract Infections

Yes

No

Have you ever had a prior urinary tract infection

If yes

How many?

Last infection ?

Age infections started ?

Have you ever had a fever with infection?

Have you ever had pain in the back with infection?

Have you ever had X-rays of the kidney?

Were you ever hospitalized to treat an infection?

Have you ever had a sexually transmitted disease?

I have reviewed the contents of this history in its entirety. _____ MD Date _____

Incontinence	Yes	No
Do you leak urine with:		
Coughing, Sneezing, walking?	_____	_____
Urgency, can't get to bathroom?	_____	_____
At night?	_____	_____
During sexual intercourse?	_____	_____
Do you use pads for protection?	_____	_____
If yes, how many? _____		
Do you have to strain to empty your bladder?	_____	_____
Have you ever had surgery for this reason?	_____	_____
If yes, please list date _____		
Procedure/Surgeon _____		

Kidney Stones	Yes	No
Do you have any pain in the back or abdomen?	_____	_____
Have you ever had a kidney stone before?	_____	_____
If yes, when? _____		
How many? _____		
Passed on own? _____		
Surgically removed? _____		
What was the stone made of? _____		
Did you have a work-up to determine the cause?	_____	_____
Any prior dietary changes or medications?	_____	_____
If yes, what? _____		

Hematuria	Yes	No
Have you ever seen blood in the your urine?	_____	_____
If yes, when? _____		
How many times? _____		
Did you have any pain or burning at the time?	_____	_____
Has a doctor ever found blood with a microscope?	_____	_____
Have you ever had prior work up for this problem?	_____	_____
If yes, when? _____		
What was done? _____		
What was found? _____		
Which urologist? _____		

Reproductive History	Yes	No
Have you ever been pregnant?	_____	_____
If yes, how many times? _____		
How many children do you have? _____		
How many Cesarean Sections? _____		
Have you had a hysterectomy?	_____	_____
If yes, why and when? _____		
Do you have pain with sexual intercourse?	_____	_____

Medical History

Illness	Date discovered	Treatment
1.		
2.		
3.		
4.		

Surgical History

Surgery	Date	Surgeon
1.		
2.		
3.		

Medications

Name	Dosage	How often (ie once or twice a day)
Please make sure to include DOSAGE and ANY blood thinners (ie. Aspirin, plavix, coumadin, ibuprophen or herbal medications)		
1.		
2.		
3.		
4.		

Allergies

NO KNOWN DRUG ALLERGIES

Name of medication	Reaction
1.	
2.	
3.	
4.	

Family Member

Age

Disease

1.	Father	
2.	Mother	
3.		

Social History

Yes

No

Do you or have you ever smoked?	_____	_____
If yes, how much?	_____ packs/day	
How long?	_____	
Have you quit?	_____	If yes, when _____
Do you drink alcohol?	_____	_____
If yes, how much?	_____	
How long?	_____	
Are you employed?	_____	_____
If yes, what type of work?	_____	
Marital status	_____ single, _____ married, _____ divorced	

Review of Systems	Yes	No	Describe
Have you ever had serious problems with: (please circle)			
Constitutional (fevers, chills, headache)	Y	N	
Integumentary (skin rash, itchiness, Boils)	Y	N	
Eyes (blurred vision, Double vision, pain)	Y	N	
Ears, nose and throat (sore throat, ear infection Sinus problems)	Y	N	
Neurologic (tremors, dizzy spells, Numbness/tingling)	Y	N	
Endocrine (tiredness, excessive Thirst, too hot/cold)	Y	N	
Heart (chest pain, heart attack, , high blood pressure.)	Y	N	
Lungs (shortness of breath, TB, asthma cough, wheezing.)	Y	N	
Gastrointestinal (ulcers,hepatitis, abdominal Pain, nausea/vomiting bleeding,ect.)	Y	N	
Hematologic (bleeding, blood clots lymphoma, anemia, ect.)	Y	N	
Psychiatric (depression, mental illness)	Y	N	
Musculoskeletal (arthritis, disc disease, ect.)	Y	N	

BLADDER SATISFACTION SURVEY

Which symptoms best describe you?

- | | |
|--|--|
| Frequent Urination – Day, Night, or Both | Leaking with Sneezing, Coughing, Exercising |
| Sudden or Strong Urge to urinate | Leaking with Urge or No Warning
(Unable to make it to the bathroom in time) |
| Unable to Empty the Bladder | Bladder or Pelvic Pain |

How long have you had these symptoms? _____

Have you tried medications to help your symptoms? Yes No

If yes, check the medications you have tried:

- | | | | | |
|----------------|--------------|-----------|------------|-----------|
| Detrol® LA | Ditropan XL® | Flomax® | Cardura® | Gelnique® |
| Oxytrol® Patch | Enablex® | VESIcare® | DDAVP® | Toviaz® |
| Sanctura® | Elavil® | Elmiron® | Other_____ | |

Did these medications help your symptoms? Circle #

0	1	2	3	4	5	6	7	8	9	10
No Relief					Completely Cured					

If you've stopped taking your meds explain why:

- Did not Help Side Effects Too Expensive

Describe Side Effects _____

Behavior Modifications Tried _____

(i.e., caffeine intake, lifestyle changes, bladder training, pelvic floor muscle training)

What is your level of frustration with your bladder symptoms? Circle #

0	1	2	3	4	5	6	7	8	9	10
Not Frustrated					Very Frustrated					

Do you currently have any problems with bowel function?:

- Fecal Incontinence Constipation Other

I am interested in learning more about treatment alternatives to medications:

- Yes No

BOWEL CONTROL SATISFACTION SURVEY

Which symptoms best describe you?

- Bowel accidents because I am unable to make it to the bathroom in time
- Bowel accidents while asleep/unaware
- Frequent loose/watery stool
- Abdominal pain

How long have you had these symptoms? _____

Approximately how many bowel accidents do you have per week? _____

Behavior modifications tried _____
(i.e. lifestyle changes, fiber, diet changes, pelvic floor muscle training/biofeedback)

Have you tried medications to help you symptoms? Yes No
If yes, please specify:

Imodium	Lomotil
Imotil	Diphenoxylate
Loperamide	Other _____

Did these medications help your symptoms? Circle #

0 1 2 3 4 5 6 7 8 9 10

No Relief

Completely Cured

If you've stopped taking your meds, explain why:

Any side effects? _____

What is your level of frustration with your bowel control symptoms? Circle #

0 1 2 3 4 5 6 7 8 9 10

Not Frustrated

Very Frustrated

I am interested in learning more about other treatment options: Yes No